

YOUR MENU THIS WEEK

WEEK THREE

WEEK COMMENCING

18.09.23, 09.10.23, 06.11.23, 27.11.23, 18.12.23



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato pizza with 1/2 jacket potato (v) (milk, gluten, soya, may contain egg)	Mac n cheese (milk, gluten,)	Herby roast chicken & gravy	Sausagmeat plait with gravy (egg, gluten)	Fish fingers (fish, gluten)
PLANT POWER	Bean chilli with 50/50 rice (v) (may contain gluten)	Mediterranean vegetable lasagne (v) (milk, gluten, soya, may contain egg)	Baked sweet potato with Mexican veg (v) (may contain gluten)	Veggie slice with gravy (v) (egg, gluten, milk)	Vegan sausage (v) (soya)
SIDES	Garden peas, salad selection	Steamed broccoli, garlic bread	Zero waste roast potatoes, roasted parsnips, carrots	Potato wedges, garden peas	Chips, peas, baked beans
PUDDINGS	Fruits & yoghurt (v) (milk)	School cake (v) (egg, gluten)	Fruit salad or vanilla & chocolate mousse (v)	Krispie cake (v) (gluten)	Steamed lemon sponge (egg, gluten) with custard (v) (milk)

Available daily

Jacket Potatoes with Beans, Cheese (milk)
 Fresh Fruit, Daily Salad, Handmade Bread (gluten, milk, soya, may contain egg)

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

