

YOUR MENU THIS WEEK

WEEK TWO

WEEK COMMENCING

11.09.23, 02.10.23, 23.10.23, 20.11.23, 11.12.23



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sausage pizza (gluten, milk, soya, may contain egg)	Rich beef bolognese (gluten)	Roasted gammon & gravy	Taste of Asia - stir fried chicken noodles with sweet chilli (eggs, gluten)	Breaded chicken goujons (gluten) or salmon fishcake (fish, gluten)
PLANT POWER	Cheese & tomato pizza (v) (gluten, milk, soya, may contain egg)	Vegetable burger (v) (gluten)	Vegan sausage & gravy (v) (soya)	Taste of Asia – stir fried veg noodles with sweet chilli sauce (v) (egg, gluten, soya)	Vegetable finger wrap (v) (gluten, milk)
SIDES	Chef's coleslaw (egg), salad selection	Sweetcorn, garlic bread	Zero waste roast potatoes, medley of vegetables	Broccoli, green beans, carrots Rice	Chips, baked beans
PUDDINGS	Carrot & ginger biscuit (v) (gluten)	Cake(egg,gluten) with custard (v) (milk)	Yoghurt (v) (milk)	Taste of Asia - Cherry steamed pudding (egg, gluten) with custard (v) (milk)	Chocolate & vanilla mousse (v) (milk)

Available daily

Jacket Potatoes with Beans, Cheese (milk)
 Fresh Fruit, Daily Salad, Handmade Bread (gluten, milk, soya, may contain egg)

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

