

## ‘Life to the Full’

This is the curriculum map for the programme that we are using to deliver Relationships and Sex Education

	Module 1 Created and loved by God				Module 2 Created to love others			Module 3 Created to live in community	
Topics	Religious understanding	Me, My Body, My health	Emotional well-being	Life Cycles	Religious understanding	Personal Relationships	Keeping Safe	Religious understanding	Living in the wider world
Reception	Handmade with love	I am me	Feelings	Growing up	Role Models	Friends	My body, my rules	Loving God, loving others	Me, You, Us
Year 1	Let the children come				Special People	Treat others well	Good and Bad secrets	Who is my neighbour?	The communities we live in
Year 2		I am unique	Likes and dislikes	The cycle of life					
Year 3	Get up!				Jesus, my friend	Friends family and others	Sharing online	A community of love	How do I love others?
Year 4		Puberty	What am I feeling?	Life cycles					
Year 5	Calming the storm				Is God calling you?	Under pressure	Cyberbullying	The Trinity	Reaching out
Year 6		Gifts and Talents	Body image	Making babies				Catholic Social teaching	

This table gives ‘a flavour’ of the topics covered. The full programme which covers the PSHE content in a two year cycle can be seen on the curriculum map. Each key phase will look at the same unit for modules 1 and 3. Module 2 is covered across two years so that children build on and progress in their learning, looking at the same content from a different focus.